AV Meeting April 20, 2018 Marya, Barbara, David

Description of project. Check Copy

Order the RED ROAD Native guide to 12 step.

Treatment Centers  
Nu-Way  
Pride  
Minnesota Alternatives Mental Health Clubhouses  
Vail Place

Avivol (The Lighthouse)

Do the used T-Shirts “DO”.

Know anyone who would join this team as a sponsor?

Share three data points that  you wish every person dealing with addiction could discover and ideas  on how we could provide an opportunity  for that discovery with this art work we are going to make.

Skeleton Key …Addiction is biological. Find your Skeleton key to discover what you need to treat your biology. Lights would injure the brain. Use bio-psycho-social

Start Walking Metaphorically and Literally. Put the physical in the treatment plan.   
  
Three legged stool Mind (inform yourself) Body (move it) Spirit (fortitude or resilience (hope) Weebly Wobble- not fall down. ) Barbara thinks more- fierce.

Metaphor empowers Recovery… and enriches life. Visualizing a better self.

You need endurance of iron that weighs nothing. Must be self-generated

Recovery Right term? David says yes… does not like “Recovered”

I’m Alright Title? D says “Yes”

Objects / Ideas for cupboards and drawers ? People are invited to take ONE object from the sculpture for the Workshop. Leaders will use these objects to help participants develop strategies . these are totems, power objects that hold memories. Best name? Use talisman

**ALLL Cellphones!!**

Addiction to food and people recovering from disordered eating. Tiny Mirrors. B+ with “Believe truth” written on them? Warped mirrors- funhouse mirrors. Don’t weigh your self esteem

, gambling, Chip with what written? The odds SUCK

chemicals, (Opiates, meth, amphetamines, ecstasy etc. etc.) Emery Board? Need the drug to file the ragged edges down. Custom made fortune cookies. Card This is not going to End well. You will never catch the first high ever again. Her choice isn’t pretty. Despair isn’t sexy.

Need separate drawer for Fentanyl. Cops need dust masks. Airborne particles can kill you.

alcohol, gold glass drops . Little Angels with “sponsor” written on them , 12 steps on laminated paper, Actual rocks with AA Principles  
Drawer “For the Non-Believers” Indiscriminate objects that say “higher power” on them Door Knobs  
KISS? (recovery friend says this comes from AA.. it is from Navy) You are a cliché.

Failure of DARE Nancy Regan – just say “no”. Rude post cards with humor. Message?

Sex ? D says 95% of his cases are correlated with meth. Meth =sex xlaves =erases judgement, limits, sexually insatiable. Relapse always connected with meth use.

death, Tiny plush animals. D reports grief clients weep at the brush of a plush object.

divorce, New year’s blow toy… I forgive us. … not you.

cults

abuse Tea cup votive candles with “I forgive you”, Does this bother you? “We all did the Best we Could. Onwards” card.

Little Monsters from Layl. **Persuasive Technologies.** Device addiction

Compulsive shopping Blank credit card. Or custom one with message. What message? “Use of this card will NOT scratch the itch”? Issued by Art to Change the world?

Cards/ Messages Other handouts/data/info

Recovery Slogans on what?

Resources? Treatment Centers?

Nu Way House. Potential Partner and long term home for the work.

Need names we could invite to a VIP Fundraiser event $75.00